

FREE
ADVICE

Welfare Benefits,
Debt and more

CYNGOR
AM DDIM

Budd-daliadau
Lles, Dyled a mwy

Abercwmbol

Abercwmbol Communities First / Cymunedau yn Gyntaf Abercwmbol, 108 John Street (Behind Cap Coch Inn / tu ôl i dafarn y Cap Coch)

Thursday / Dydd Iau

09:00 – 11:00 Drop in / Galw Heibio
11:00 – 12:00 Appointment / Apwyntiad

Bryncynon

Feel Good Factory

Wednesday / Dydd Mercher

13:00 – 15:00 Drop in / Galw Heibio
15:00 – 16:00 Appointment / Apwyntiad

Cwmaman

Cwmaman Institute / Institiwt Cwmaman

Wednesday / Dydd Mercher

09:00 – 11:00 Drop in / Galw Heibio
11:00 – 12:00 Appointment / Apwyntiad

Cwmbach / Cwm-bach

Cwmbach Communities First / Cymunedau yn Gyntaf Cwm-bach, 13 Sion Street

Thursday / Dydd Iau

09:00 – 11:00 Drop in / Galw Heibio
11:00 – 12:00 Appointment / Apwyntiad

Cwm Clydach

The Old Police Station / Hen Orsaf yr Heddlu, Clydach Road

Monday / Dydd Llun

13:30 – 15:30 Drop in / Galw Heibio
15:30 – 16:30 Appointment / Apwyntiad

Cymmer / Y Cymer

Communities First / Cymunedau yn Gyntaf, 70 High Street

Thursday / Dydd Iau

09:00 – 10:30 Appointment / Apwyntiad

Darrenlas / Y Darren-las

Darrenlas Community Centre / Canolfan Gymuned y Darren-las, 79 b & c, Oxford Street, Mountain Ash / Aberpennar

Friday / Dydd Gwener

09:00 – 11:00 Drop in / Galw Heibio
11:00 – 12:00 Appointment / Apwyntiad

Fernhill

Community Centre / Canolfan y Gymuned, 371 Fernhill Estate

Friday / Dydd Gwener

13:00 – 15:00 Drop in / Galw Heibio
15:00 – 16:00 Appointment / Apwyntiad

Gilfach Goch / Y Gilfach-goch

Community Centre / Canolfan y Gymuned, Cambrian Avenue,

Wednesday / Dydd Mercher

10:00 – 12:00 Drop in / Galw Heibio
12:00 – 13:00 Appointment / Apwyntiad

Glyncoch / Glyn-coch

Glyncoch Community Centre / Canolfan Gymuned Glyn-coch, Porcher Avenue

Friday / Dydd Gwener

12:30 – 15:00 Drop in / Galw Heibio

Llwynypia and Ystrad / Llwynypia ac Ystrad

Emmanuel Christian Fellowship Church / Eglwys Cyfeillach Cristnogol Emaniwel, Redfield Street,

Tuesday / Dydd Mawrth

09:00 – 11:00 Drop in / Galw Heibio
11:00 – 12:00 Appointment / Apwyntiad

Coleg Morgannwg, Pontrhondda Road

Thursday / Dydd Iau

09:00 – 11:00 Drop in / Galw Heibio
11:00 – 12:00 Appointment / Apwyntiad

Maerdy / Y Maerdy

Teify House / Tŷ Teifi, Station Terrace

Wednesday / Dydd Mercher

13:30 – 15:30 Drop in / Galw Heibio
15:30 – 16:30 Appointment / Apwyntiad

Penrhys / Pen-rhys

Penrhys Partnership / Partneriaeth Pen-rhys, Y Ffynnon Centre / Canolfan y Ffynnon

Thursday / Dydd Iau

13:00 – 15:00 Drop in / Galw Heibio
15:00 – 16:00 Appointment / Apwyntiad

Penygraig / Pen-y-graig

Penygraig Communities First / Cymunedau yn Gyntaf Pen-y-graig, 78 Tylacelyn Road

Monday / Dydd Llun

14:00 – 16:00 Drop in / Galw Heibio

Penywaun / Pen-y-waun

Cana Centre / Canolfan Cana

Thursday / Dydd Iau

13:00 – 15:00 Drop in / Galw Heibio

Pontygwaith / Pont-y-gwaith

Community Centre / Canolfan y Gymuned Llewelyn Street

Wednesday / Dydd Mercher

13:00 – 15:00 Drop in / Galw Heibio
15:00 – 16:00 Appointment / Apwyntiad

Rhydyfelin / Rhydfelen

Regeneration Partnership / Partneriaeth Adfywio, 15 Elm Street

Thursday / Dydd Iau

13:00 – 14:00 Appointment / Apwyntiad
14:00 – 16:00 Drop in / Galw Heibio

Trealaw

Maes Yr Haf Community Hall / Neuadd Gymuned Maes-yr-haf, Brithweunydd Road

Wednesday / Dydd Mercher

09:00 – 11:00 Drop in / Galw Heibio
11:00 – 12:00 Appointment / Apwyntiad

Trebanog / Trebannog

Trebanog Tenants Association / Cymdeithas Tenantiaid Trebannog, 4 Waun Wen

Thursday / Dydd Iau

10:30 – 12:00 Drop in / Galw Heibio

Tonyrefail

Community Centre / Canolfan y Gymuned, Pritchard Street

Tuesday / Dydd Mawrth

10:00 – 12:00 Drop in / Galw Heibio

Treherbert

Cwmni Offices / Swyddfeydd Cwmni, Bute Street

Tuesday / Dydd Mawrth

13:00 – 15:00 Drop in / Galw Heibio
15:00 – 16:00 Appointment / Apwyntiad

Tri Yn Un

(Penrhiw-ceibr, Perthcelyn and Miskin / Penrhiw-ceibr, Perthcelyn a Meisgyn)

Tuesday / Dydd Mawrth

Penrhiw-ceibr Workmens' Club / Clwb y Gweithwyr Penrhiw-ceibr

09:00 – 10:45 Drop in / Galw Heibio

Perthcelyn Training and Resource Centre / Canolfan Hyfforddi ac Adnoddau Perthcelyn

11.15 – 13:00 Appointment / Apwyntiad

Tylorstown

Tylorstown Library / Llyfrgell Tylorstown, Edmund Street

Monday / Dydd Llun

09:00 – 11:00 Drop in / Galw Heibio
11:00 – 12:00 Appointment / Apwyntiad

Ynys-hir / Wattstown

Community Centre / Canolfan y Gymuned, Victoria Terrace

Monday / Dydd Llun

09:30 – 11:30 Drop in / Galw Heibio
11:30 – 12:30 Appointment / Apwyntiad

To book appointments
please contact
Rhonda Taff CAB on
01443
409284

Er mwyn trefnu apwyntiad,
ffoniwch swyddfa
Cyngor ar Bopeth Taf-Elái
a Chwm Rhonda ar
01443
409284



Llywodraeth Cymru
Welsh Government



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communities first cymunedau yn gyntaf