



# **Active Communities Network in RCT**

## **‘People Making A Difference’**

**17<sup>th</sup> February 2010**  
**The Feel Good Factory**  
**Bryncynon**

### **Programme**

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|---------|--|
| 9.00am  | Registration and Refreshments  |
| 9.30am  | Welcome<br>Simon James, Interlink Chief Executive  |
| 9.55am  | Volunteering in Health and Social Care, Cancer Support RCT, Rhian Dash   |
| 10.10am | Improving Lives, Bryncynon Walking Group   |
| 10.30am | Community Development & Volunteering, Valleys Kids, Pauline Richards   |
| 10.45am | Break  |
| 11.00am | Local Service Board DVD - Community Safety, Sustainability and Well-Being, Glyncoch                                      |
| 11.20am | People Making a Difference Workshops<br>- Active citizens and safer communities<br>- Improving well-being in communities |
| 12.00pm | Networking and light lunch   |