

Volunteering



Do It Today

Rhondda Cynon Taff Volunteer Centre

With over 500 volunteer opportunities, the only problem is which one to choose!

Get help to find the right opportunity for you.

"I got a lot out of volunteering, it made a real difference and I learnt a few things as well."

Shelley



www.interlinkrct.org.uk

Volunteering for All

When you volunteer, you can:

- Make a difference
- Meet new people
- Have fun
- Try something new
- Help your career & job prospects

We will:

- Give you all the information you need
- Support and help you to volunteer
- Find the right opportunity for you

Who can Volunteer?

Volunteering is for everyone.

Our Guarantee

You always get more back than you put in.

Supported by



To find out more contact the HelpDesk on 01443 846200