

HSC&WB Strategy 2008-2011

THEME: MENTAL HEALTH & EMOTIONAL WELL-BEING

Action Plan 2010- 2011

OUTCOME : To improve people's overall sense of happiness and wellbeing

Outcome measure – Overall mental health score

Welsh Health Survey SF36

Health gain target for mental health score is to increase score for Wales to 50 by 2012

RCT figure for 2005-07 – 48.9

Priority Goal 1: *Mental Health promotion Activity and action to tackle stigma*

Actions	Timescales	Lead Partner	Funding Implications	Links to other Themes/Strategies/Partnerships	Performance Indicators
Develop local Mental Health Promotion Action Plan		Public Health Wales		Work & Health, Maintaining Independence themes of the HSCWB Strategy Community Safety Partnership re Substance Misuse & Prevention of	People across RCT have improved understanding of mental health

Actions	Timescales	Lead Partner	Funding Implications	Links to other Themes/Strategies/Partnerships	Performance Indicators
				Young People Suicides and Self Harm Group Children and Young People theme of the HSCWB Strategy	Number of schools engaged in mental health promotion activities
Develop an Intergenerational Strategy which builds on established links with mental health and other health and social care services	2010-2011	RCT Local Authority		Children and Young People and Older Peoples Strategies	Strategy Complete and number of sustainable projects maintained or increased

Priority Goal 2: Improve support for mental health and emotional well-being within primary care

Actions	Timescales	Lead Partner	Funding Implications	Links to other Themes/Strategies /Partnerships	Performance Indicators
Develop primary care mental health liaison services across all of RCT to support early intervention/support including support for the mental health needs of individuals with chronic conditions and the	Cynon service in place, service for Taff Ely and Rhondda to be developed as resource becomes available (WAG plan for service to be in place by	Rhondda Cynon Taff Local Health Board	Developing the Primary Care Mental Health Liaison services will require substantial investment of resources – funding anticipated via Mental Health	Transport & Access, Work & Health, Maintaining Independence Community Safety Partnership re Substance Misuse	Primary Care Liaison Scheme implemented across RCT with access to psychological therapies across RCT

Actions	Timescales	Lead Partner	Funding Implications	Links to other Themes/Strategies /Partnerships	Performance Indicators
<p>physical health needs of those with ongoing mental ill health</p> <p>Support projects that promote the connections between employment and emotional well being</p> <p>Continue to improve the availability and range of interventions provided within our communities (e.g. counselling and self help support services)</p> <p>Promote wider education programmes that enable people to avoid, minimise or manage mental ill health</p>	<p>2012/13)</p> <p>Ongoing</p> <p>Ongoing 2009/10</p> <p>2010 - 2011</p>	<p>Department of Work and Pensions, Condition Management Programme</p> <p>Cwm Taf LHB, RCT Local Authority and Voluntary Sector</p> <p>Cwm Taf LHB, RCT Local Authority, Voluntary Sector and Communities First Partnerships</p>	<p>Measure (Welsh)</p> <p>Convergence funding available</p> <p>To be determined by day services strategy</p> <p>Funding in place for further Depression Busting Courses, Outcomes Fund Bid developed.</p>	<p>Work & Health, Maintaining Independence</p> <p>Work & Health, Maintaining Independence</p> <p>Work & Health, Maintaining Independence</p> <p>Community Safety Partnership re Substance Misuse</p>	<p>Number of individuals returning to or entering into employment</p> <p>No of clients accessing services Reduction in hospital admissions/ readmissions</p> <p>Number of people completing Depression Busting Courses, CMP, EPP, Routes to Recovery, Mental Health First Aid courses etc and participants feedback</p>

Priority Goal 3: To improve services for older people with mental health problems

Actions	Timescales	Lead Partner	Funding Implications	Links to other Themes/Strategies/Partnerships	Performance Indicators
<p>Enhancement of Services for individuals with dementia and older people experiencing mental ill health through the development of a 'whole system' model.</p>		<p>RCT Mental Health Joint Planning Group</p>	<p>Service development plan to identify funding</p>	<p>Transport & Access, Work & Health, Maintaining Independence</p>	<p>The partnership will develop performance indicators and mechanisms for data collection for each service in conjunction with the relevant performance management processes</p>