

## HSC&WB Strategy 2008-2011

### THEME: MENTAL HEALTH & EMOTIONAL WELL-BEING

#### Action Plan 2008- 2009

**OUTCOME :** To improve people's overall sense of happiness and wellbeing  
**Outcome measure – Overall mental health score**

**Priority Goal 1: *Mental Health promotion Activity and action to tackle stigma***

<b>Actions</b>	<b>Timescales</b>	<b>Lead Partner</b>	<b>Funding Implications</b>	<b>Links to other Themes/Strategies/Partnerships</b>	<b>Performance Indicators</b>
Develop Mental Health Awareness Training events across RCT.	Cover all Com. 1 <sup>st</sup> areas during 08/09	All stakeholders engaged in process	Communities First funding available for Com.1 <sup>st</sup> areas  Funding required for non Com. 1 <sup>st</sup> areas – Funding to be identified	Work & Health, Maintaining Independence themes of the HSCWB Strategy  Community Safety Partnership re Substance Misuse	Number of people who access this training All community workers across RCT have improved understanding of mental health

Actions	Timescales	Lead Partner	Funding Implications	Links to other Themes/Strategies/Partnerships	Performance Indicators
Promote current school based activities to reduce stigma by developing links with voluntary sector and service user organisations	Ongoing throughout 08/09	Healthy Schools Team, Interlink, Community Schools and Local Mental health services	during 08/09  Healthy Schools funded via Welsh Assembly Grant	Children and Young People theme of the HSCWB Strategy	issues  Number of schools engaged in mental health promotion activities

Actions	Timescales	Lead Partner	Funding Implications	Links to other Themes/Strategies/Partnerships	Performance Indicators
<p>Promote wider education programmes that enable people to avoid, minimise or manage mental ill health</p> <p>Develop an Intergenerational Strategy which builds on established links with mental health and other health and social care services</p>	<p>08/09</p> <p>To be completed by July 08</p>	<p>Healthy Living Network and Voluntary Sector</p> <p>RCT Local Authority and RCT Teaching LHB</p>	<p>Funding in place for further Depression Busting Course and Training for Trainers.</p> <p>Strategy to identify funding requirements</p>	<p>Work &amp; Health, Maintaining Independence</p> <p>Community Safety Partnership re Substance Misuse</p> <p>Children and Young People Older Peoples Strategy</p>	<p>Number of people completing Depression Busting Course and participants feedback</p> <p>Number of Mental Health First Aid courses provided and feedback from participants</p> <p>Strategy Complete and number of sustainable projects maintained or increased</p>

**Priority Goal 2: Improve support for mental health and emotional well-being within primary care**

Actions	Timescales	Lead Partner	Funding Implications	Links to other Themes/Strategies /Partnerships	Performance Indicators
Develop primary care mental health liaison services across all of RCT to support early intervention/support including support for the mental health needs of individuals with chronic conditions and the physical health needs of those with ongoing mental ill health	Cynon service in place, service for Taff Ely and Rhondda to be in place by March 09.	Rhondda Cynon Taff Local Health Board Primary Care Planning Group – incl. All partner agencies, Service users and carers	Developing the Primary Care Mental Health Liaison services will require substantial investment of resources	Transport & Access, Work & Health, Maintaining Independence  Community Safety Partnership re Substance Misuse	Primary Care Liaison Scheme implemented across RCT with access to psychological therapies across RCT
Support projects that promote the connections between employment and emotional well being	Ongoing 2008/09	Department of Work and Pensions, Bro Dysg, Condition Management Programme	Convergence funding available	Transport & Access, Work & Health, Maintaining Independence	Number of individuals returning or entering into employment
Continue to improve the availability and range of interventions provided within our communities (e.g. counselling and self help support services)	Ongoing 2008/09	Voluntary Sector	To be determined by day services strategy	Work & Health, Maintaining Independence	No of clients accessing services Reduction in hospital admissions/readmissions

**Priority Goal 3: To improve services for older people with mental health problems**

Actions	Timescales	Lead Partner	Funding Implications	Links to other Themes/Strategies/Partnerships	Performance Indicators
<p>Enhancement of Services for individuals with dementia and older people experiencing mental ill health through the development of a 'whole system' model and commissioning strategy</p>	<p>Strategy to be developed by June 08</p>	<p>RCT Mental Health Joint Planning Group</p>	<p>Commissioning strategy to identify funding</p>	<p>Transport &amp; Access, Work &amp; Health, Maintaining Independence</p>	<p>The partnership will develop performance indicators and mechanisms for data collection for each service in conjunction with the commissioning bodies performance management processes</p>