

ANNUAL REPORT 2006 - 2007



Cefnogi gweithredu gwirfoddol
yn Rhondda Cynon Taf



Supporting voluntary action
in Rhondda Cynon Taff



Cover Photographs:

Top left: Wayne David MP at the launch of Interlink in 1997 pictured with Pauline Richards (then Chair), Ruth Hopkins (Director) and Jean Harrington (then Vice Chair); Top right: Jane Davidson AM presenting Interlink's Investors in People Award to the then Chair Pauline Richards 2004; Bottom left: Ruth Hopkins (Director) with Roy Noble at Interlink's first Volunteer Awards 1998 Bottom right :Interlink's AGM and Conference in 2006.



Interlink
Maritime Offices
Woodland Terrace
Maesycoed
Pontypridd
CF37 1DZ

Telephone: 01443 485337
Fax: 01443 486107
Email: info@interlinkrct.org.uk
Website: www.interlinkrct.org.uk

Registered Charity No: 1069044



FOREWORD

The achievements of 2006/07, as outlined in this report, show a steady increase in the scope and usage of our services. There are no defining moments or dramatic developments. The report shows that year on year Interlink, true to its aims, expands what it can offer to voluntary and community groups in Rhondda Cynon Taff. However, in 2006/07, developments at both a national and local level began to present the organisation with one of the biggest challenges since Interlink started in April 1997.

The agenda set by the “Making the Connections” document produced by the Welsh Assembly Government coupled with the report on the review of Public Services in Wales led by Sir Jeremy Beecham recognises the contribution of the voluntary and community sector to public services in Wales. The challenge this presents to Interlink is to work with the voluntary and community groups and partner agencies in Rhondda Cynon Taff to ensure that the sector is fit for purpose, can deliver new services, can be relied on and secure as a service provider.

At a local level the challenge for Interlink and the sector is to prove that as well as being an effective, efficient and reliable delivery provider, the sector is an important strategic partner, making a unique contribution to both the planning and delivery of public services. As Local Service Boards develop focused on public service delivery, we need to demonstrate the contribution the sector can make that no other partner can make.

We predict that these will be major themes for Interlink in 2007/2008. Our achievements in 2006/2007 came as a direct result of the commitment, professionalism and expertise and hard work of the staff team and of members of the Executive who bring an all important wider sector perspective to the activities of the organisation. Our thanks, therefore, to all staff and Executive Committee members.

We acknowledge too, the continued financial support from the Welsh Assembly Government through Wales Council for Voluntary Action, Rhondda Cynon Taff County Borough Council and Rhondda Cynon Taff Teaching Local Health Board that gives us a secure base from which to develop our services. We are fortunate to receive such level of support.

Jean Harrington
CHAIRPERSON

Ruth Hopkins
DIRECTOR

VISION, MISSION AND AIMS

OUR VISION

A widespread, well resourced and sustainable infrastructure of voluntary activity in Rhondda Cynon Taff which provides equal opportunity to all individuals and groups to participate and does not discriminate against any individual or group on grounds of age, gender, ethnic background, sexuality, language and culture or disability.

OUR MISSION

Interlink supports and promotes voluntary action in Rhondda Cynon Taff.

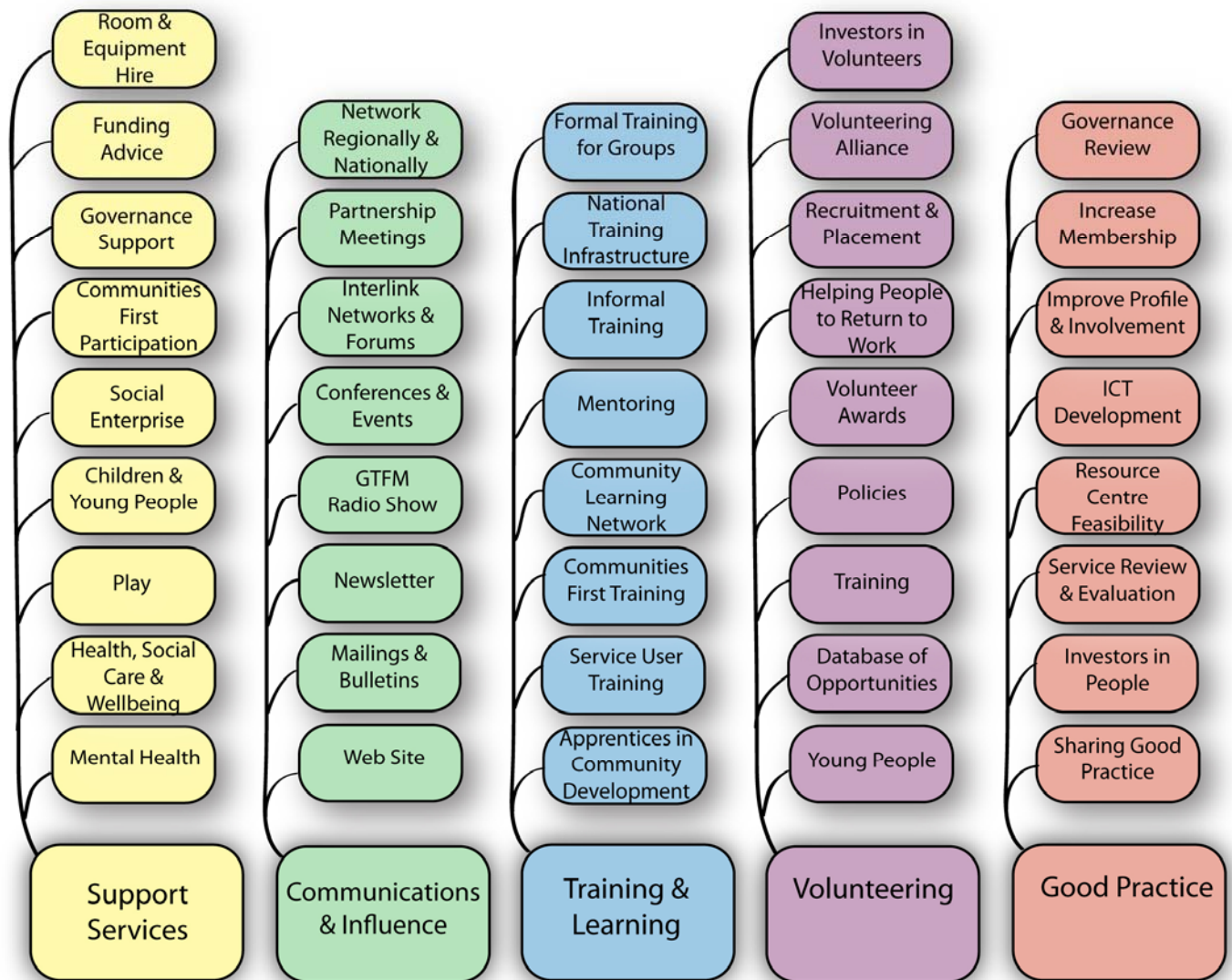
We do this by:

- Providing a focus for voluntary action
- Promoting the interests of the voluntary sector
- Supporting the development of voluntary organisations
- Supporting people to get involved

OUR AIMS

- To provide support services that enhance the development and effectiveness of voluntary action in Rhondda Cynon Taff.
- To facilitate communication within the voluntary and community sector in Rhondda Cynon Taff ensuring that the sector has an influence on decisions relating to service planning and delivery.
- To provide opportunities for voluntary and community groups to acquire and develop the skills and abilities they need to continue to provide their services and to take on new challenges.
- To provide and develop an effective volunteering service.
- To fulfil and promote recognised organisational standards.

INTERLINK SERVICES AND ACTIVITIES



MEMBERSHIP MATTERS TO US

Interlink's services are available to all voluntary and community groups in Rhondda Cynon Taff. However we can only promote and support the interests of voluntary and community groups in Rhondda Cynon Taff if our membership is representative of the whole sector. We recognise that the larger and more representative membership is the more effective our representation of voluntary sector interests can be.

MAIN ACHIEVEMENTS 2006 TO 2007

- Introduced customised CVC database, e-vol, into the organisation. 1513 organisations on database.
- Produced and distributed 4 newsletters and 72 general and themed information mailings to 1041 organisations.
- Assisted 384 organisations with funding advice – additional funding of £727,933 to the sector secured, mostly from small grant schemes.
- Money & Advice Market held in April 2006 attended by 92 organisations and 21 funders/exhibitors.



Interlink's Money and Advice Market, at Llantrisant Leisure Centre in April 2006

- Provided information and advice assistance on 969 occasions covering issues including:
 - Volunteering and supporting volunteers
 - Charity law constitutions, trustee roles and responsibilities
 - Financial management and accounting procedures
 - Employment and personnel
 - Training and training needs
 - Policies and procedures.
- 160,159 hits on website.



Community Cancer Care Service volunteers receiving their Volunteer Award from Dr Kim Howells MP at Interlink's Annual Volunteer Awards Dinner



- Interlink small grants scheme gave out grants to 38 organisations totalling £116,514.
- Arranged 42 training courses.
- 472 individuals participated in training.
- Achieved a training participant evaluation of 98% at 'satisfactory' or above.
- Assisted 112 groups to develop new areas of work/take on fresh challenges.



Members of Bryncynon Litter Picking group who received £4,372.98 from Interlink's Small Grant Scheme

- Helped to establish 10 new voluntary groups.
- Assisted 70 groups to plan and develop a strategy.
- Assisted 32 groups to develop community led initiatives.
- Provided access to meeting rooms for organisations on 78 occasions.
- Provided access to office equipment 78 times.
- Placed 215 new volunteers with organisations.
- Had 414 volunteering opportunities on offer.
- Held an annual Volunteering Awards Dinner on June 2nd 2006 as part of Volunteers Week.

- Supported 10 voluntary sector forums/networks which met 22 times in total.
- Involved 427 organisations in forums and networks.
- Supported 35 voluntary sector representatives on partnership groupings.
- Represented the sector on 22 partnership groupings.
- Social Enterprise Development Project, funded by the local authority Community Regeneration fund, started September 2006.

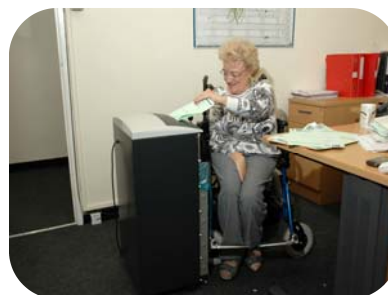


Interlink's Community Development Apprentices working towards their NVQ in Community Development

- Project funding for Expert Patient Programme Project secured and recruitment completed to start in April 2007.
- Agreement reached with Fframwaith, Children & Young People's Partnership, for Interlink to host Partnership Support and Participation and Involvement posts.
- Funding secured from Skills for Regeneration project to employ 2 Community Development Apprentices from Communities First areas. Project started January 2007.



- Launch in March 2007 of Healthy Governance Toolkit for voluntary and community groups organised in partnership with Local Health Board.
- Rhondda Cynon Taff Food Project Forum established in partnership with National Public Health Services.
- System of support and supervision of staff by 3 Peer Support Officers introduced into the organisation.
- Training sessions organised for Line Managers and Peer Support Officers in offering supervision and support and also for all staff in using supervision.



Interlink's Volunteer Sue Shaddock helping our Administrative Team

- Annual Staff/Executive Awayday held in February focusing on Public Service Delivery (Making The Connections), the Strategic Action Plan for the Voluntary Sector, Wales Spatial Plan and the role of the CVC in the Infrastructure of support for voluntary and community groups in Wales. Also setting of key objectives for 2007/2008.
- AGM and conference attended by 68 People on the theme Get Connected, held on 6 December, started the process of developing a communication strategy for the voluntary and community sector in Rhondda Cynon Taff.



Jane Groves from Liverpool Community Network speaking at Interlink's AGM and Conference

EXECUTIVE COMMITTEE 2006/2007

Chair

Jean Harrington TEDS

Vice Chair

Pauline Richards Valleys Kids

Treasurer

Thea Lewis Pontypridd Talking News Association
(until December 2006)

Jackie Prosser Cwmparc Community Welfare
(from December 2006)

Vince Price Cynon Valley Crime Prevention

Dave Furmage Pontypridd YMCA

Alun Taylor Coalfields Regeneration

Gayna Jones Rhondda Housing Association

John Cooke The Ark Christian Centre

Ray Howells RCT Epilepsy Group

David Davies Heartbeat 95

David May Dads in Need of Support

Sally Ann Rivers Care & Repair *(until December 2006)*

Michelle Lenton- Johnson The Strategy

Steffan Webb Menter Iaith *(until December 2006)*

Ian Batten RCT People First *(from December 2006)*

Ian Dennis Groundwork Merthyr & RCT
(from December 2006)

Gareth Hughes VALREC *Co-opted (after AGM 2006)*

Antonia Forte RCT Local Health Board *Co-opted (after AGM 2006)*

STAFF TEAM 2006/2007

Ruth Hopkins

Director

June Williams-Sykes

Finance and Resources Manager

Richard Edwards

Support Services Manager

Kath Price

Office Manager

Alisa Davies

Cara Jordan Evans

Rebecca Wright

Administrative Assistants

Ann Philpott

Health & Social Care Facilitator

Phil Barrett

Development Officer -
Capacity Building

Bill Daniel

Development Officer
(until August 2006)
Development Officer - Social
Enterprise *(from September 2006)*

Joanna Markham

Development Officer - Information
& Support *(from November 2006)*

Bev Hampson

Volunteering Development Officer

Rhodri Thomas

Volunteering Development Officer

Matthew Cook

Play Development Officer
(from September 2006)

Emma Rees

Children & Young People
Partnership Support Officer
*(Seconded from the Fframwaith
Partnership)*

Thomas Crockett

Communities First Participation
Officer

Leigh McPherson

Communities First Community
Learning Co-ordinator
(from August 2006)

Joanne Hoare

Apprentice Community
Development Worker
(from January 2007)

Paul Tucker

Apprentice Community Development
Worker *(from February 2007)*

Lawrence Davies

Mental Health Development Officer
(until August 2006)

Chris Gale

Mental Health Development Officer
(from September 2006)

Polly Kitzinger

Mental Health User Involvement
Officer

Kath Jones

Routes to Recovery Project Worker

Rachel Williams

Routes to Recovery Project
Worker *(from September 2006)*

Jan Thomas

Maria Davies

Mandy Jones

Cleaners

Summary income and expenditure account
Year ended 31 March 2007

	2007 £	2006 £
Gross income of continuing operations	869,968	765,401
Non charitable trading activities net income	-	-
Total income of continuing operations	869,968	765,401
Total expenditure of continuing operations	867,734	719,450
Net (expenditure)/income for the year	£2,234	£45,951

Note 1.

Analysis of total resources expended

	Staff Costs £	Other £	Depreciation £	Total £
Support Costs (including governance)	474,534	365,316	8,945	848,795
Management and administration Expenditure (including governance)	9,596	9,343	-	18,939
	<u>484,130</u>	<u>374,659</u>	<u>8,945</u>	<u>867,734</u>

Balance Sheet

As at 31 March 2007

	2007 £	2006 £
Fixed assets		
Tangible assets	7,324	11,246
Current assets		
Debtors	25,098	63,312
Cash at bank	441,392	368,381
Cash in hand	500	500
	<u>466,990</u>	<u>432,193</u>
Creditors: amounts falling due within one year	<u>39,153</u>	<u>10,512</u>
Net current assets	427,837	421,681
Total assets less current liabilities	435,161	432,927
Creditors: Amounts falling due after more than one year	-	-
	<u>£435,161</u>	<u>£432,927</u>
Funds		
Restricted funds	10,303	35,817
Unrestricted funds:		
Core	246,467	394,610
Designated Development Fund	2,500	2,500
Designated Voluntary Action Centre Fund	175,891	-
	<u>424,858</u>	<u>397,110</u>
	<u>£435,161</u>	<u>£432,927</u>

Statement of financial activities
For the year ended 31 March 2007

	Note	Unrestricted Funds £	Restricted Funds £	2007 TOTAL Funds £	2006 TOTAL Funds £
Income and expenditure					
Incoming resources					
Activities to further the Charity's objects					
Grants		327,823	480,159	807,982	698,744
Other Income		50,689	-	50,689	56,888
Interest Received		11,297	-	11,297	9,769
Total incoming resources		<u>389,809</u>	<u>480,159</u>	<u>869,968</u>	<u>765,401</u>
Resources expended:					
Charitable expenditure					
Support costs including (governance)		473,995	374,800	848,795	703,545
Management & administration of the charity (including governance)		18,939	-	18,939	15,905
Total resources expended	1.	<u>492,934</u>	<u>374,800</u>	<u>867,734</u>	<u>719,450</u>
Net incoming/(outgoing) resources before the year before transfers		(103,125)	105,359	2,234	45,951
Transfer between funds		130,873	(130,873)	-	-
Net movement in funds		<u>27,748</u>	<u>(25,514)</u>	<u>2,234</u>	<u>45,951</u>
Balances brought forward at 1 April 2006		397,110	35,817	432,927	386,976
Balances carried forward at 31 March 2006		<u>£424,858</u>	<u>£10,303</u>	<u>£435,161</u>	<u>£432,927</u>

These summarised accounts may not contain sufficient information to allow for a full understanding of the financial affairs of the charity. For further information the full accounts, the independent auditor's report on those accounts and the trustees' annual report should be consulted; copies of these can be obtained from Interlink, Maritime Offices, Woodland Terrace, Maesycoed, Pontypridd, CF37 1DZ. Telephone: 01443 485337.

To the Members of Interlink - Voluntary Action in Rhondda Cynon Taff

In the opinion of the independent auditors, Williams Ross Limited, the summarised accounts given in this document are consistent with the full annual accounts. The independent auditors' report on the full accounts was unqualified.

WILLIAMS ROSS LIMITED Chartered Accountants and Registered Auditor, 4 Ynys Bridge Court, Gwaelod y Garth, Cardiff, CF15 9SS.

1st Tonyrefail Scout Group
 Aberaman Amateur Boxing Club
 Aberaman Newydd Tenants Association
 Aberwmbol Community Revival Group
 Abercynon Action Team
 Aberdare Childrens Contact Centre
 Aberdare Town Branch - National Assoc of OAP's
 Aberdare Trefoil Guild
 Abergorki Community Hall
 Aberllechau Community Association
 Access Mondial
 Accessible Caring Transport
 ADD-LIB
 ADRFLTD
 Age Action Mountain Ash & Penrhiwceiber
 Age Concern Cymru
 Age Concern Morgannwg
 Alzheimers Society RCT Branch
 An Open Door
 Arts Factory
 Ashfield Close Tenants Association
 Barnardos Intensive Family Support Service
 Barnardos Open Door
 Barnardos Springhills Activity Centre
 Bethel Place Residents Association
 Bethlehem Baptist Church
 Blaenllechau Community Enterprise
 Blaenrhondda Community Association
 Boys and Girls Clubs Of Wales
 Breast Cancer Care Cymru
 Breathe Easy Rhondda
 Britannia Street Watch
 British Deaf Association
 British Heart Foundation
 British Red Cross
 Brynawel House Alcohol Rehabilitation Centre
 Brynna Babes
 Brynirion Tenant & Residents Association
 Cancer Support - Cynon Valley
 Capel Farm Resource Centre
 Capel Salem Tonteg
 Care & Repair Rhondda Cynon Taff Ltd
 Cefn Primary Mother & Toddler
 Cemetery Road Tenants & Residents Association
 Central Glamorgan Guides
 Central Glamorgan Trefoil Guild
 Chequers Youth Facility
 CIC (Cynllyn Ieuenctid Y Cymoedd)
 Clifnyydd Art Society
 CLIC CYMRU
 Clwb Carco
 Clwb Gymdeithasol Cymraeg Cwm Cynon

Equip Wales Limited
 Fairbridge De Cymru (Rhondda Satellite)
 Family Awareness Drug Support
 Ferndale and District Boys & Girls Club
 Ferndale Home Improvement Service
 Ferndale Old Age Pensioners
 Fernhill Association of Residents
 Fernhill Family Flats
 Fernhill Play Organisation
 Fernhill Youth Project
 Fforest Uchaf Horse and Pony Sanctuary
 Forum of Older People in Cynon Valley
 Friday Youth Club
 Friends of Maesgwyn Special School
 Friends of Nebo Welsh Chapel Hirwaun
 Friends of the Drama Academy
 Friends of The Rhondda Heritage Park
 Friends of Tonypandy Primary School
 Friends r Us
 Gadlys Regeneration Initiative Programme
 Gatehouse
 Gelli Fedi Rise Tenants Association
 Gelligaled Bowls Club
 Giffach Goch Community Association
 Giffach Goch Welfare OAP Association
 Glamorgan ME Support Group
 Glamorgan Mission to the Deaf
 Glan Road Neighbourhood Watch
 Glancynon Gardening Group
 Glasbrook Recreation Committee
 Glyntaff Tenants and Residents Association
 Greenmeadow Riding for the Disabled Group
 Groundwork Merthyr and Rhondda Cynon Taff
 Groundwork Wales
 Group for environmental awareness in Rhondda
 GTFM
 Hafod Care Association Ltd
 Heartbeat 95
 Hensol Advocacy Forum
 Heol Keir Hardie Neighbourhood Watch
 Hirwaun & Penderyn Community Council
 Hirwaun YMCA Youth and Community Centre
 Homestart RCT
 Kyber Colts ABC
 Laburnum Court Residents Association
 Learning Disability Wales
 Lewis Merthyr Band
 Llanharan Community Development Project Ltd
 Llanharan OAP Association
 Llanharan Recreation Ground Trust
 Llanilltud Feardref Art Society
 Llantwit Lions Skater Hockey Club

RCT Dyspraxia and Dyslexia Support Group
 RCT Eye to Eye Youth Counselling Service
 Recreation Ground Sports Association
 Retired Senior Volunteer Programme
 Rhigos Community Sports Association
 Rhondda Against Illegal Drugs
 Rhondda Against Nantgywyddon Tip
 Rhondda Animal Aid & Cats Protection
 Rhondda Apostolic Mission
 Rhondda Breast Friends
 Rhondda Community Development Association
 Rhondda Crime Prevention
 Rhondda Cynon Taff Aspergers Syndrome Parent Support Group
 Rhondda Cynon Taff Community Arts
 Rhondda Cynon Taff Epilepsy Group
 Rhondda Cynon Taff Parent and Carer Network
 Rhondda Cynon Taff People First
 Rhondda Cynon Taff Play Association
 Rhondda Cynon Taff Tenants and Residents Federation
 Rhondda District Scouts
 Rhondda Fach Housebound Club
 Rhondda Fach Survivors Group
 Rhondda Forum of Older People
 Rhondda Housing Association
 Rhondda Jazz
 Rhondda Rocket Cheerleading Group
 Rhondda Sea Cadets
 Rhondda Volunteer Information Centre
 Rhondda Womens Aid
 Rhydfeilin Methodist Church
 RNIB Cymru
 Rotary Club of Rhondda
 Royal British Legion Ynysir Branch
 Save the Children Cynon Valley
 Scope Cymru
 Scotch Terraces Community Association Ltd
 Seion Baptist Chapel Maerdy
 SNAP Cymru
 South East Wales Branch Backcare
 Spectacle Theatre
 SSAFA
 SSAFA (Aberdare)
 St Davids Uniting Church
 St John Ambulance
 St John Council for Rhondda Cynon Taff
 St Matthews Church
 Sunday Funday Gang
 Taff Ely Access Group
 Taff Ely Crime Prevention
 Taff Ely Neighbourhood Watch Association
 Taff Ely Parent Forum

Coal Industry Social Welfare Organisation
 Coalfields Regeneration Trust
 Coed Ely Community Centre Steering Group
 Community Development Cymru
 Community Development Network
 Community Logistics
 Community Mediation Services RCT
 Connect 141:121
 Cor Meibion Morlais
 Cornerstone Church
 Creative Vision
 Crossroads Rhondda Cynon Taff
 Cruse Bereavement Care Merthyr Tydfil/RCT
 Cwm Cynon Womens Aid
 Cwm Taf Credit Union
 Cwmaman Institute Silver Band
 Cwmaman Public Hall & Institute
 Cwmdeithas Cymraeg Lliwypia
 Cwmparc Branch National OAP of Wales
 Cwmparc Community Association
 Cwmparc Old Age Pensioners Association
 Cwmparc Treorchy & Ynyswen Community Regeneration
 CYD
 CYD Pontypridd
 Cylch
 Cylch Meithrin Nant Dyrys/Treherbert
 Cylch Meithrin Porth
 Cylch Meithrin Thomastown
 Cylch Meithrin Tonypandy
 Cylch Meithrin Tynewydd
 Cylch Meithrin/Ti a Fi Aberdar
 Cylch Ti a Fi treorchy
 Cynllun Pobl Ifanc Llantwit Fardre Young Peoples Project
 Cynon Culture
 Cynon Valley Area National OAP's Assoc of Wales
 Cynon Valley Childminding Group
 Cynon Valley Citizens Advice Bureau
 Cynon Valley Crime Prevention Association
 Cynon Valley Disabled Alliance
 Club Cynon Valley Neighbourhood Watch
 Cynon Valley PALS
 Dads in Need of Support
 Dai Davies Community Centre
 Dewis Centre for Independent Living
 Diabetes UK Cymru
 Diabetes UK Pontypridd & District
 DIAL Llantrisant
 Dragon savers Credit union
 DRIVE
 Drop In
 Drugaid (Swapa Ltd)
 Eating Disorders Wales
 Elite Supported Employment Agency Ltd
 Llywcoed Community Centre
 Lliwypia Boys & Girls Club
 Lower Trealaw Branch OAP Maes Yr Haf
 Maerdy Archives
 Maerdy Community Centre
 Maerdy/Ferndale Tenants and Residents Board
 MATCH
 Meadow Crafts
 Mencap Cymru
 Menter Iaith Rhondda Cynon Taf
 Merthyr & The Valleys MIND
 Mid Fach River Care Group
 Mid Glamorgan Area Scout Council
 Mid Rhondda Band
 Miskin Art
 Miskin Regeneration Trust
 Mountain Ash YMCA
 Mudiad Ysgolion Meithrin Rhondda Cynon Taf
 National Council of YMCA's in Wales
 NCH Action for Children Penwaun Family Centre
 NCH Action for Children Rhondda Family Project
 Nebo Chapel
 New Horizons
 Newlink Wales
 Newydd Housing Association
 Nip it in the Bud Ltd
 Nurse Bowen Memorial trust
 Oasis Church
 Old Bridge Photographic Society
 Old School Community Centre
 Older Peoples Advisory Group
 Parc & Dare Band
 Parents Association Lliwypia - Youth Section
 Parkinsons Disease Society
 Penderyn Community Hall
 Penderyn Sports Association
 Penrhwi-ceiber Community Revival Strategy Group
 Penrhwi-ceiber Institute and Community Society
 Penrhys Partnership
 Penygawsi OAP Branch
 Penygraig Boys & Girls Club
 Penywaun Community Centre
 Penywaun Enterprise Partnership
 Person to Person Citizen Advocacy
 Perthceilyn Community Centre
 Pontyclun Youth Partnership
 Pontygwaith Community Centre
 Pontypridd & District Housing Association
 Pontypridd & District Mencap Society
 Pontypridd Citizen Advice Bureaux
 Pontypridd Talking News Association
 Pontypridd Women's Aid
 Pontypridd YMCA
 Taff Ely Victim Support
 Taffs Well Village Hall
 Tai Trothwy
 Talbot Green Playgroup
 Tanglewood
 TARCA
 TEDS
 Telecentre and Business School Ltd
 The Ark Youth and Community Project
 The Down's Syndrome Association
 The Kiddie Club
 The Prince's Trust Cymru
 The Strategy
 The WAK Club
 Ton & Gelli Boys & Girls Club
 Tonypandy & Lliwypia OAP Group
 Too Good To Waste
 TraVol Community Transport
 Treforest Old Age Pensioners Association
 Treorchy & Cwmparc Boys Club
 Treorchy Women's Institute
 Trefhondda Arts Factory Stay and Play
 Ty Rhondda-Young Single Homeless Project
 Ultimate Stage Company
 Urdd Gobaith Cymru
 Valley of Hope
 Valleys Kids
 Valleys Race Equality Council
 Valleys Womens Ethnic Minority Support Group
 Viva Project
 Wales PPA
 Welfare Hall & Institute
 Womens Royal Voluntary Service
 Ynysghir & Wattstown Boys & Youth Club
 Ynyswen Senior Citizens Club
 Ynyswen Welfare Institute
 Ynysybwll Community Centre
 Ynysybwll Community Project
 Young Ones Parent & Toddler Group
 Ysgol Feithrin Giffach Goch
 Ysgol Feithrin Pontyclun
 Ysgol Feithrin Ynysybwll
 Ystrad Boys & Girls Club